

Name _____

What's Really Important?

Discuss what values your family thinks are really important with one or more members of your family. Take time to discuss each value and listen to each person's point of view. Explore any differences of opinion you may have. Here are some values to guide your discussion and get you started. Add other values your family holds. On the back of this handout, write down the values your family thinks are most important. You may want to provide a brief explanation after each value you list.

Basic human values related to

- equality
- social justice
- responsibility
- honesty
- respect
- dignity
- integrity
- self-control
- fairness

Moral values related to

- sexual behavior
- use of birth control
- virginity

Health values related to

- physical health
- mental health
- spiritual health
- use of alcohol and drugs
- abstinence and sexual behavior

Financial values related to

- savings accounts
- investing
- use of credit
- loaning money
- borrowing money
- work ethic

Social values related to

- neighborhood you live in
- car you drive
- clothes you wear
- activities in which you choose to participate
- choice of friends
- abstinence and sexual behavior